## GOBINDGARH PUBLIC COLLEGE



( Affiliated to Panjab University, Chandigarh)
ALOUR, POST BOX NO. 31, KHANNA-141401
DISTT. LUDHIANA (PB.)

Managed by : Gobindgarh Educational & Social Welfare Trust

BEST PRACTICES Session-2022-2023

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#### Best Practices Session-2022-23

Best Practices-1

Title of the Practice- Social Awareness by N.S.S. Unit through village adoption (Village-Manak Maira)

Objectives of the Practice:

- By adopting a village, to maintain consistency in conducting social activities and also to get desired results.
- Sensitizing students for paying back to society.
- To develop organizational and communication skills among the students.

The Context: Owing to lack of information, ignorance and outreach awareness programs, life of these villagers is still encircled by various problems. Illiteracy, health issues related to unhygienic living conditions, superstitious outlook, adherence to traditional modes of farming, negligence towards banking system etc. are some of the issues restraining the progress of the villagers that compelled us to organize an awareness program specially targeting these issues to bring about a change in outlook of the villagers. Moreover, such targeted activities would surely be helpful in sensitizing the students to pay back to society and to develop some of the vital skills among them. The Practice: N.S.S. volunteers conducted a specific survey to collect the responses from the villagers of Manak Majra village highlighting their life style and outlook. The analysis of the outcome of the survey helped in selecting the topics of discussion and interaction with the villagers that provided a base for organizing an awareness Program. NSS volunteers, apart from performing their routine activities, started communicating, interacting with the villagers to enhance their participation in the lectures and other activities organized for them. • Need of conservation of biodiversity and medicinal plants were explained to the villagers by Dr. Mandeep Singh (NSS program (Officer) followed by information exchange session. A special training session on Yoga and Pranayam to highlight its significance to improve the life style was conducted. HIV AIDS, Drug abuse and First aid awareness program was also organized. NSS Volunteers and the staff members along with the villagers carried out a cleanliness drive lasting till the end of the Program. Evidence of Success: A change in villagers' attitude towards cleanliness was clearly evident. Calls and invitations were received from the villagers to the college to organize more training and guidance sessions on Yoga and Pranayam. The participated students appeared more sensitized and motivated as their participation in other social activities, conducted by college enhanced. The organizational skill among the students appeared to be enhanced while organizing various programs in the college.

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Problems Encountered and Resources Required: Participation of the villagers was comparatively less during day time owing to their engagement in agricultural activities. It seemed rather difficult to enlighten the villagers on the issue of superstitions and blind faith especially women folk. Less Grants and funds were provided by Government.

Notes (Optional):

The Gobindgarh Public College, Alour (khanna has been awarded as the best NSS Unit among the state of Punjab for the academic session 2017-18 by Panjab University, Chandigarh. The GPC honored with one district one green champion award under Swachhta Action Plan 2020-21 & 2021-22 and college scored A+ in Green Cover on Campus, A in Surface Water Harvesting, A+ in Rooftop Water Harvesting, A+ in Rooftop Solar System and A in Waste Management in NRISG ranking for 2022-23 by MGNCRE, MOE, Government of India.

#### **Best Practices 2**

Title of the Practice-Gender Championship for Gender socialization Objectives of the Practice:

- To provide an integrated and interdisciplinary approach to understanding the social and cultural constructions of gender that shape the experiences of women and men in society.
- To make the young boys and girls gender sensitive and create positive social norms that value the girls and their rights.
- To generate the awareness in regard to equality in law, social system and democratic
- To develop organizational and communication skills among the students.

The Context: It is important to initiate change process at a young age to shape attitudes and transform behaviors. Schools and colleges play a major role in this regard, because students spend large amounts of time engaged with peers in such settings. Creating positive social norms in educational institutions that value girls and their rights is important to improve the well-being of girls and achieve long-term and sustainable social change. On 03rd August, 2015 letter no. D.O. No. 91-2/2014, (GS) from UGC by the secretary of UGC regarding selection of Gender Champion from Boys and Girls in Educational Institution where girls are treated with Dignity and respect. The Practice: The Principal appointed Nodal officers (Prof. Rajesh Kumar and Dr. Ruchika Jain) for this screening committee to select Gender champions on the basis of selection Criteria from the session 2014-15. Gender Champions can be any student above 16 years of age enrolled in educational institutions. It is a joint initiative of the Ministry of women and Child Development and Ministry of Human Resource Development. The selection criteria comprise leadership qualities- 05 marks, Communication Skills- 05 marks, Innovative Ideas- 05 Marks, Gender Sensitivity-05 marks and knowledge of related laws- 05 marks. After that students appeared in the

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final interview and winner gets certificates and gender champion pockets in annual function. Evidence of Success: Gender Champions are envisaged as responsible leaders who will facilitate an enabling environment within college where girls are treated with dignity and respect. They will strengthen the potential of these young people to advocate for gender equality and monitor progress towards gender justice. This improves the confidence and morale of the students while spreading awareness in the society in large and students in particular. It helps in breaking the stereotype beliefs and assumptions towards gender. Those who become gender champion they play a crucial role in gender sensitization. They Provide overall guidance to the peer group in integrating gender in all activities of the Institution in the form of focused group discussions, debates, poster competitions etc. and engage a variety of stakeholders from the school, college, civil society organizations, women's groups and media in gender mainstreaming activities.

Problems Encountered and Resources Required: Need of clear commitment towards gender equality, gender-based non-discrimination and essential information of socio-cultural and gender-based issues act as prevention within the success of gender champion. Within the nonappearance of great Leadership, communication and introduction aptitudes will create problem to reach out to distinctive people within the campus. Now and then understudies were not willing to contribute time for organizing workshops, programs for gender sensitization. No grants and funds are given by Government for gender champions.



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#### **Best Practice-1**

Web link of NSS Report 2022-2023

https://gpcalour.com/wp-content/uploads/2023/06/nss\_202223-1.pdf





#### **Best Practice-2**

The selection is done on the basis of nominations received from the College students regarding Gender Championship. The selection Criteria includes Diary (10 Marks), College Belongingness (10 Marks), Other Activities related with Gender issues (20 Marks), video content (05 Marks) and interview (05 Marks) of total 50 Marks.

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### **Gender Champions 2022-23**



Chetan Verma of BCA was selected as a Gender Champion



Harshpreet Singh of PGDCA was selected as a Gender Champion

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Dorace William Gill of BBA-2<sup>ND</sup> YEAR was selected as a Gender Champion



Garima Singh of BA-3<sup>RD</sup> YEAR was selected as a Gender Champion

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### जीपीसी ने वार्षिक पुरस्कार वितरण समारोह करवाया

#### सबेरा न्यूज/ हरीश गुप्ता,विकास विजन

खना, 29 अप्रैल : मंडीगेबिंदगढ़, 29 अप्रैल : गोबिंदगढ़ पब्लिक कालेज अलौड़ खन्ना का 18वां वार्षिक पुरस्कार वितरण समारोह कन्दैया लाल बरडेजा लायंस भवन में आयोजित हुआ, जिसमें गुरिंदर सिंह गैरी बडिंग विधायक अमलोह निवांचन क्षेत्र ने मुख्य अतिथि के रूप में शिरकत की। वहीं नगर कौंसिल मंडी गोविंदगढ़ के अध्यक्ष हरग्रीत सिंह ग्रिंस गेस्ट ऑफ ओनर थे, जिनका ग्रिंसीपल डा. नीना सेठपजनी ने स्वागत किया।

कार्यक्रम की शुरूआत दीप प्रज्वलित के साथ हुई, उपरांत कालेज गान और छत्रों द्वारा एक मधुर भजन प्रस्तुत किया गया। कालेज प्राचार्या डा. नीना सेठ पजनी ने वार्षिक रिपोर्ट प्रस्तुत की। उन्होंने स्टील टाउन और इसके आसपास के क्षेत्र के लोगों को कला, कंप्यूटर अनुप्रयोग और व्यवसाय प्रशासन और वाणिज्य संकाय में गुणवतापूर्ण शिक्षा के उत्कृष्ट अवसर प्रदान करने में कालेज के



दीप प्रज्वलित कर समारोह की शुरूआत करवाते मुख्यअथिति तथा प्रबंधक।

योगदान पर प्रकाश डाला। पंजाब यूनिवर्सिटी चंडीगढ़ के हाऊस एकजाम, जोनल और इंटर जोनल यूथ फैस्टीवल में उनके प्रदर्शन के आधार पर मुख्य अतिथि, गेस्ट ऑफ ऑनर, चेयरमैन जीपीसी द्वारा छत्रों को अकादिमक, खेल, एनसीसी और सांस्कृतिक पुरस्कार देकर प्रोत्साहित किया गया। प्रधानाचार्य, मुख्य अतिथि और ट्रस्ट सदस्यों द्वारा सत्र 2022-2023 के लिए कालेज कलर लड़कों में बीकॉम-3 के राजविंदर सिंह और लड़कियों में बी.ए.-3 की गरिमा सिंह को प्रदान

किया गया। जेंडर चैंपियन का पुरस्कार लड़को में बीसीए तृतीय के चेतन वमां और पीजीडीसीए के हर्षप्रीत सिंह तथा लड़कियों में बीए-तृतीय की गरिमा सिंह और बीबीए की डोरेस विलियम गिल को दिया गया। इस अवसर पर कालेज की वार्षिक एथलेटिक मीट के विभिन्न खेलों के विजेताओं को भी पदक प्रदान किए गए। कार्यक्रम के दौरान छात्रों ने शास्त्रीय और भांगड़ा सहित विभिन्न नृत्य प्रस्तुत किए। इस मौके मीडिया किमीयों और विभिन्न खेलों के प्रशिक्षकों को भी सम्मानित किया गया।

मुख्यातिथि, प्राचार्या व अन्य प्रतिनिधियों द्वारा कालेज न्यूजलेटर का विमोचन भी किया गया। मुख्य अतिथि गुरिंदर सिंह ने पुरस्कार विजेताओं को सम्मानित किया और खत्रों को जीवन के हर क्षेत्र में सफलता पाने के लिए कड़ी मेहनत करने के लिए प्रेरित किया। जीईएसदब्लूटी के अध्यक्ष पवन सचदेवा, ट्रस्ट सचिव राज गोयल, चेयरमैन जीपीसी नितिन सग्गड़, एन.के. खन्ना, प्यारा सिंह कलसी और राहुल गोयल भी इस अवसर पर उपस्थित थे। कार्यक्रम का समापन